# The Growing Impact of **Medication Nonadherence**



# Significant consequences for the Healthcare System

Consequences of Medication Nonadherance in the US:

> 125kdeaths

billion in avoidable costs annually

up to

#### 50% drop off

medication within 1 year of initiation on a new therapy

# **Spotlight on: Chronic Illness**

More than

10% of all hospitalizations



Americans have a chronic disease, and medication adherence is critical for improving outcomes for conditions such as:









COPD

# **Missed Opportunity** for Pharma



#### Why does this matter?

In a world where pharma is facing significant pressure to limit prices increases, medication adherence is a major opportunity.

Diabetes

30%

fail to fill first

prescription

prescribed by

their physician

Cardiovascular Disease

Obesity

**Behavioral** Health

However... medication adherence is a challenge for

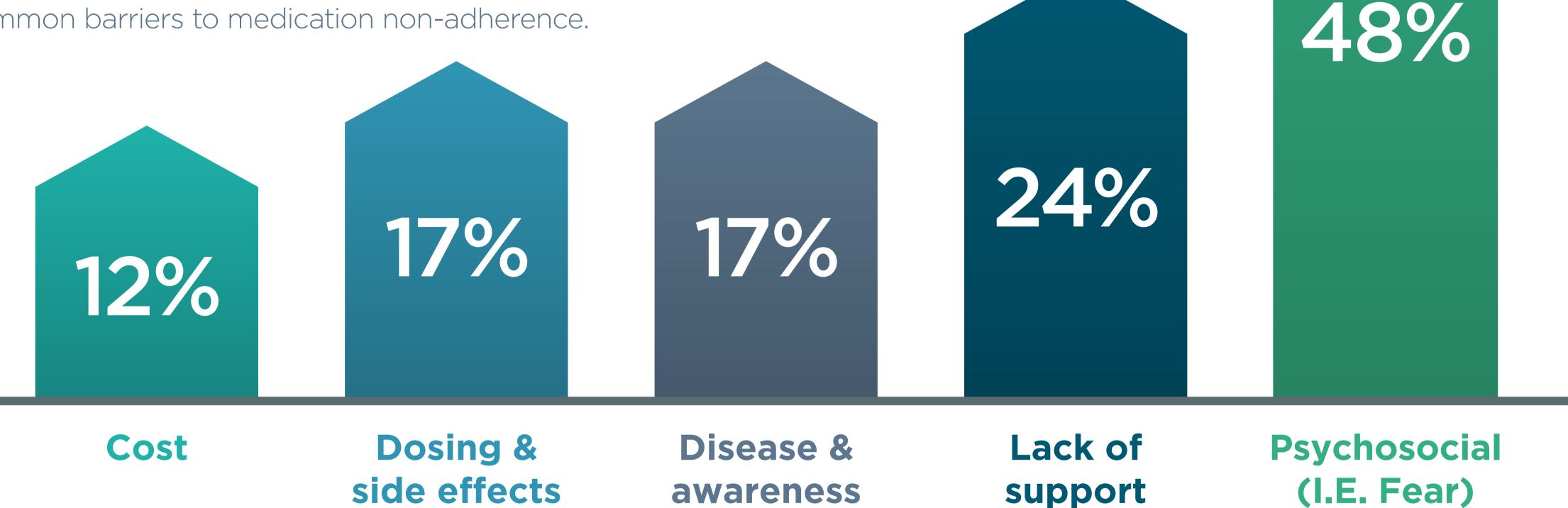
people with chronic illness given complex financial, social, and behavioral factors.



### **Top 5 Barriers to Medication Adherence**

Cecelia Health's approach of delivering tech-enabled expert clinical coaching allows us to uniquely identify barriers to medication adherence and address individual concerns to help individuals initiate, adhere, and persist on their medications.

The following reasons were identified by Cecelia Health coaches as the most common barriers to medication non-adherence.



Our expert clinicians provide data-driven interventions and personalized education to effectively improve medication adherence for people with chronic illness.

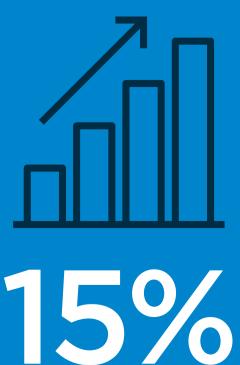


# **Cecelia Demonstrates Results Above Industry Benchmarks**

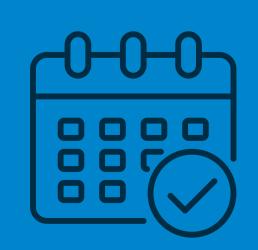
Tech-enabled expert clinical coaching from a trusted advisor can overcome leading barriers to improve initiation, adherence, and persistency at scale:



Engagement



Incremental Rx Fill Rate





Adherence 1-year post engagement with Cecelia Health





Return on Investment

Let the experts of Cecelia Health help. Contact us today for more information.

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